

# **Tamra L. Hughes, MA, LPC**

## **Licensed Professional Counselor**

7500 E. Arapahoe Rd. Ste. 105, Centennial, CO 80112  
Phone (303) 221-1272, Fax (303) 694-4060, hughestamra@msn.com

### **DISCLOSURE STATEMENT**

Tamra Hughes, MA, LPC  
License #4299

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed and unlicensed individuals who practice psychotherapy. Any concerns may be addressed to the following:

Department of Regulatory Agencies  
Mental Health Section  
1560 Broadway, Ste. 1370  
Denver, CO 80202  
(303) 894-7766

#### **Client Rights:**

You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if it can be determined) and my fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In a professional therapy relationship, sexual intimacy is never appropriate and is illegal in Colorado. It should be reported to the Grievance Board.

#### **Confidentiality:**

The information provided by and to a client during therapy sessions is legally confidential except as required by law. There are exceptions to the rule of confidentiality. In general, these exceptions include:

- The law requires reporting cases in which the client may present a danger to self or others, or there is indication of child abuse or neglect.
- Therapist(s) and/or records may be subpoenaed in Court proceedings including but not limited to child custody, criminal, and delinquency cases.

If exceptions arise regarding confidentiality, they will be discussed with you.

#### **Appointments:**

Therapy sessions are 50 minutes. This time is reserved for you. In the case that you need to cancel or reschedule an appointment, 24-hour advance notice is required. With less than 24 hours notice, you will be charged the full amount for the session. Cancellations made via email are not acceptable and will be billed as a non-cancellation, as I may not check the email within the 24 hour window.

